



## INTERVIEW NOTES: 5056

Donor 5056 can easily be described as a *gentle giant*. He exudes a calm and quiet affect; speaking with a low, soft voice. He came to our interview wearing a nice looking, printed button-up shirt and a red sweatshirt. He looks very similar to the singer Mike Posner, with a full head of hair, a nicely groomed full beard, and striking clear greenish/hazel eyes. He has a great smile, straight white teeth, and charming dimples.

Donor 5056 speaks very warmly when describing his relationship with his family. *I would consider myself a mama's boy and the mediator, where my little sister was the trouble maker.* He and his sister bickered often when they were younger, but have become very close over the years and into adulthood. *She's my best friend and we look after each other.* Although quiet, donor 5056 is outgoing with solid group friends, half of whom he has known since he was a child. When I asked him to tell me what kind of a friend he thinks he is, he said he is very loyal with a funny, sarcastic side.

I could sense that as a boy, donor 5056 was a good kid and a good student. He says he was great at keeping his *head down, doing his work.* He stayed ahead of his class in school, got straight A's, and was and is an excellent writer. *English is my best subject, it always came easiest to me, and at the same time my favorite subject is business.* Time management has been the hardest part for 5056 now that he is in college. He finds balancing his time as a full-time student and a dedicated athlete to be challenging. Nevertheless, he maintains great grades, confessing, *I didn't want to disappoint my parents.*

Basketball is not just 5056's life passion, it truly runs in his blood. When 5056 was just a toddler, his father played pro ball in Europe. *Some of my first memories are watching my dad play.* Since then he's never been too far from the game; even family gatherings consisted of pick-up games, usually *Cousins vs. Uncles.* He loves the team aspect of playing basketball and likes the idea of everyone working together toward a common goal. *My shyness disappears once I am on the court.* His competitive drive has provided him with quite a bit of success in this sport. *I hate losing more than I love winning.* With this passion, he has had the opportunity to travel around the country playing basketball.

5056 likes the vibe of the Bay Area, but looks forward to moving to a warmer city, like Miami. He just loves Miami. *I love warm weather and beaches.* He wants to eventually move to Southern California, not only to be closer to his extended family, but for the comfortable, sunny climate. He also dreams of traveling to the countries of his ancestors – Mexico, Yugoslavia, Cuba, Sweden and Norway. He is currently completing is AA in Business, and looks forward to playing Division 1 Basketball at a four-year university. When his basketball career is over, he hopes to open an off-season basketball training gym. Donor 5056 definitely has a hard-working drive. He is consistent and disciplined with his training, and has structured his life to best complete his goals. Overall, this quiet, gentle giant is a warm-hearted, loyal, hard-working man. We are happy to have him as an addition to our Identity-Release<sup>®</sup> Program.

Interviewers: Jil and Lauren

Date: November 2014



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## DONOR PROFILE: 5056

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5056 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in May, 2015.

### PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **March 1994**
- Education: **A.A. Degree in Business in progress.**
- Current occupation: **Basketball referee**
- Ethnic origin: **Mexican, Cuban, Swedish, Norwegian, Yugoslavian**
- Religion: **Christian**

### PHYSICAL CHARACTERISTICS

- Height: **6 ' 4"**
- Weight: **237 Lb**
- Hair color: **Light Brown**
- Hair type: **Wavy and thick**
- Eye color: **Green/Hazel**
- Complexion: **Fair/Creamy**
- Body type: **Large**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **Dimples**

### FAMILY MEDICAL HISTORY

**KEY:** **D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Blood: **M: Anemia at age 14, treated with iron supplementation, resolved.**

Gastro-intestinal: **M: Crohn's disease at 40, treated with diet change and medication, ongoing, managed.**

**PU#4: Hepatitis C at 47, no treatment. PU#4: Liver failure due to Hepatitis C, no treatment, cause of death.**

Heart: **PGF: Heart failure at 69, cause of death. PU#2: Heart failure at 42 (after traumatic brain injury), hospitalized, cause of death.**

Metabolic/Endocrine: **F: Type 2 diabetes at 40, treated with insulin, ongoing, managed. PGM: Type 2 diabetes at 64, treated with diet and exercise, resolved at 73.**

Muscles/Bones/Joints: **F: Osteoarthritis at 40, treated with exercise, managed.**

Neurological: **M: Migraines at age 20, treated with OTC medication, ongoing, managed.**

Sight/Sound/Smell: **D: Right eye 20/20, Left eye 20/20**

## DONOR LAB RESULTS

Chlamydia: **Not Detected**  
HIV 1 & 2: **Non-Reactive**  
Hepatitis B: **Non-Reactive**  
Urinalysis: **Normal**

Gonorrhea: **Not Detected**  
CMV total antibody: **Negative**  
Hepatitis C: **Non-Reactive**  
Chem panel: **Normal**

Syphilis: **Non-Reactive**  
HTLV 1 & 2: **Non-Reactive**  
CBC: **Normal**

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

Cystic Fibrosis: (> 500 mutations) **No mutation detected**  
Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**  
Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);  
No evidence of thalassemia**

## DONOR PROFILE: 5056

### DONOR NARRATIVE: 5056

*The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.*

### Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

When I first meet a person I am very shy and quiet, until I get a chance to know them. Once I get to know someone then I come out of my shell and become very funny, outgoing, and pretty sarcastic, in a humorous way. I am also very loving, caring, and affectionate when it comes to family and girlfriends. Another trait that describes me very well is that I am extremely loyal, forgiving, and a great friend.

### What are your interests and talents?

My main interest and talent is basketball. I am currently a student-athlete at a junior college and I am hoping to transfer and play at a 4 year college after I get my AA in business. In addition to basketball I enjoy lifting weights, I love going to the gym and trying to keep my body in good physical shape. I am also very interested in shoes and clothes; I like to stay on top of all the latest fashion styles. I have a huge collection of shoes and I cannot leave my house without looking my best. Another interest of mine is music. I am always listening to music wherever I go and I can memorize the lyrics to any song almost instantly. Finally, I am a movie fanatic. I don't watch a lot of television but I love watching all types of movies, especially with Denzel Washington or Will Smith, they are my favorite actors.

## What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

Within the next couple of years I would like to get a Division I basketball scholarship and play there while getting my business degree. After college I would like to play professionally in Europe for a while like my father did. Once my playing career is over I would like to buy a huge lot of land and build my own gym with 9-12 basketball courts, an area for weights, a turf area, and an indoor track. In this gym I would run traveling teams for basketball from 3<sup>rd</sup> grade all the way through junior college and also do one on one training with kids.

## How would you describe your skills and interests in the following areas?

### **Math:**

Throughout my whole life I have always been very good in math. Although I was very good at it I never enjoyed it, it was one of my least favorite subjects.

### **Mechanical:**

This isn't a huge interest of mine but I am very handy when it comes to everyday things. I am good at fixing things around the house, putting things together like furniture or things of that nature, and basic fixes with cars such as changing brake pads, changing oil, or changing a tire.

### **Athletic:**

I have always been a very good athlete. Growing up I excelled in many different sports such as basketball, baseball, and football, especially basketball. I play collegiate basketball at a junior college and I am drawing attention from many 4 year schools.

### **Musical, Artistic, Creative:**

Even though I wish I was, I am not very talented musically or artistically, but I do love these subjects. I enjoy listening to all different genres of music as well as different forms of art.

### **Language (what languages besides English do you speak?):**

I understand and speak some Spanish because most of my mother's side is Spanish speaking so I grew up around it. I also can do basic sign language (ASL) after taking some ASL classes in school.

### **Writing:**

English has always been one of my better subjects and I have always been a good writer and enjoyed doing it. Throughout my school years I always got good grades in English and I was always closest with my English teachers.

### **Literature:**

I am not a very avid reader but if I do find a book that sparks my interest I get hooked and cannot put it down.

### **Science:**

Science was always my least favorite subject. I was never bad at it, getting average grades in this subject, but it just didn't interest me.

## Please list some of your favorite:

### **Movies:**

Like I said before I am a movie fanatic so I apologize in advance for my extremely long list of movies. First, my favorite actor is Denzel Washington and my favorite movies of his are Antwone Fisher, Training Day, He Got Game, Remember the Titans, and Man on Fire. A few of my favorite genres are Drama, Comedy, and Romance. My favorite Dramas would be Dead Poets Society, A Beautiful Mind, Seven Pounds, and Pursuit of Happiness. My most liked comedies are Nacho Libre, Night at the Roxbury, and The Wedding Singer. Everyone is always shocked when I say this but I also love watching romantic movies. A few of my favorites would be The Notebook, The Fault in our Stars, Titanic and Dear John, all bringing tears to my eyes.

### **Books/Authors:**

I don't read a whole lot but a few of my favorite books I have read are Michael Jordan's autobiography, Where the Red Fern Grows, and the Harry Potter series.

### **Albums/Musicians:**

I love music and I listen to a variety of different genres. A few genres I enjoy are Rap, R&B, and rock. A few of my favorite rappers are Mac Miller, J.Cole, Chance the Rapper, Drake, The Weeknd, and PartyNextDoor. My favorite R&B artists are Babyface, Boyz II Men, Jagged Edge, 112, Chris Brown, Trey Songz, and Usher. And finally my favorite rock bands would be Led Zeppelin, Linkin Park, Maroon 5, The Killers and Blink-182.

## What are a few of your reasons for becoming a sperm donor?

I chose to become a sperm donor for a few different reasons. First, because I believe everyone should have the privilege to raise a child and I would like to help families who can't have a child for whatever reason. Also, I have an uncle who is infertile and he and my aunt would be amazing parents, but they never got the chance because they found this out too late. It makes me really sad knowing that people like my aunt and uncle, who would be such great parents, aren't able to have children, and I hope to help families not have to go through this pain.

## Did you choose to be an Identity-Release® Program donor?

Yes

No

## Why did you make this choice?

I made the choice to become a member in the Identity-Release Program because if it were me in the situation of the child I would want to learn about my donor. Also I think it is there right to know about their donor for a better understanding of themselves.

## Is there anything else you would like to share with participating families and offspring?

Coming from a large family I am a huge believer in the idea of family and unity and it is a huge honor for me to be able to answer your prayers and bring your family happiness in the form of a child.



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## HEALTH PROBLEMS DONOR 5056

FAMILY MEMBER	HEALTH PROBLEM	TREATMENT/RESOLUTION
Mother	Anemia	Age at onset/diagnosis: 14 Treatment: Iron supplementation Outcome: Resolved
	Migraines	Age at onset/diagnosis: 20 Treatment: OTC meds Outcome: Ongoing, managed
	Crohn's disease	Age at onset/diagnosis: Mid 40's Treatment: Diet change, medication Outcome: Managed (in remission)
Father	Type 2 diabetes	Age at onset/diagnosis: 40's Treatment: Insulin Outcome: Ongoing
	Osteoarthritis	Age at onset/diagnosis: 40's Treatment: Exercise Outcome: Managed
Paternal Grandfather	Heart failure	Age at onset/diagnosis: 69 Treatment: None Outcome: Cause of death
Paternal Grandmother	Type 2 diabetes	Age at onset/diagnosis: 64 Treatment: Diet, exercise Outcome: Resolved at 73

<b>Paternal Uncle #2</b>	Heart failure <i>After traumatic brain injury</i>	Age at onset/diagnosis: 42 Treatment: Hospitalized Outcome: Cause of death at 42
<b>Paternal Uncle #4</b>	Hepatitis C <i>Suspected to be secondary to tattoo</i>	Age at onset/diagnosis: 47 Treatment: None Outcome: Progressed to liver failure
	Liver failure <i>Due to Hep C</i>	Age at onset/diagnosis: 47 Treatment: None Outcome: Cause of death at 47

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor’s family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. (“Increased risk” is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.  
Genetic Counselor

