



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

INTERVIEW NOTES: 5053

Donor 5053 is a wonderful young man. He is thoughtful, kind, humble, conscious, and very smart. He is a tall, thin man with a narrow, nicely shaped face. 5053 bears a vague resemblance to Chris Rock, although the famous comedian is a much darker brown. They have a similar build (tall and thin) and they have comparable face shape. 5053's eyes are smaller than the comedian's. He appears to have a days' worth of facial hair growth and his hair is cut short and close to his head. He was wearing a nice pair of thick-framed black glasses that looked great on his face. We were so engrossed in conversation that I failed to notice many details about his appearance. He had on a simple button-up men's shirt and some jeans.

5053 describes himself as the type of man and friend who puts others first and someone who values friends and family. He said that if I were to ask the people closest to him, he is confident that they would agree with this description.

5053 grew up in Northern California as the baby of a family of five siblings who grew up with both parents in the home. They were a tight-knit, family-oriented group. He was raised with high standards and expectations, and was taught early on to value education and home—the things he still values as an adult.

He has three older sisters and one older brother, all but one of whom are tall and thin. The family is very musical: everyone (including all of his siblings) plays the piano. They all learned by ear, not by lessons—pretty impressive! All of the women in the family can sing. He speaks highly of his siblings; he describes his oldest sister as *laid back and nurturing*, his middle sister as *the life of the party, social butterfly, party planner*, and the youngest girl as *the one who is lost in music*.

5053 was active and physical as a child. His mother had her hands full with him, and yet she always indulged his high energy antics. He said after working all day, his mom would come home to find 5053 dressed like his favorite *Teenage Mutant Ninja Turtle*, and he would pounce on her as soon as she came through the door, only to have her pretend to let him wrestle her to the ground.

5053 said he was a *Daddy's Boy*. Almost anything his Dad did he wanted to do, except his profession. His father was a police officer and 5053 did not follow in those footsteps. This was a bit of a disappointment to his father, but 5053 said that he *did not want to work to uphold a system that is set up to marginalize a certain group of society. I do what I do now because I'd rather be a part of the "before" instead of a cop, whose job it is to deal with the "after."* 5053 has Master's degree in Counseling Education and works with at-risk youth. He wants to be a high school student counselor, ideally at a public continuation high school. *I'm at my best with "at risk" youth. I don't know what I'd do with regular kids.*

As a child, his father insisted on a 3.0 GPA to play sports, even though the school said a 2.0 was good enough. This expectation paid off. 5053 spent one year at a HBCU (Historically Black College/University) before transferring to a state university closer to home. He loved his first year away from home on a HBCU campus. He described it as one of the best years of his life and one of the most humbling. He had that classic *I thought I knew everything, I found out I didn't* realization. He transferred after one year when he realized that he wanted more than the small town and small campus could offer.

5053 and his wife have one daughter. He enjoys doing *Cross Fit* and hiking with the two of them. He and his wife look forward to having at least two more children. He said they are intent on raising independent children who want for nothing, have full-time parents and who grow up knowing how to go out and get what they want and know how to *find their own happy*. His wife also works with youth, and they are both set on being *sparks of change* for their communities. They are both doing whatever they can to inspire more sparks and create future leaders. 5053 is a fantastic addition to the Identity-Release[®] Program and I enjoyed our conversation immensely.

Interviewer: Jil V.

Date: November 2014



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

DONOR PROFILE: 5053

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 5053 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in June, 2015.

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **December, 1982**
- Education: **BA in Psychology/Social Work, completing Masters in Counseling Education**
- Current occupation: **Teacher/Early Intervention Counselor**
- Ethnic origin: **African-American, Mexican (maternal grandfather)**
- Religion: **Baptist Christian**

PHYSICAL CHARACTERISTICS

- Height: **6' 0"**
- Weight: **174lb**
- Hair color: **Black**
- Hair type: **Wavy**
- Eye color: **Dark Brown**
- Complexion: **Medium brown**
- Body type: **Medium**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features: **Full lips, dimple on left cheek**

FAMILY MEDICAL HISTORY

KEY: D donor Ch child F father M mother S sister B brother
Co cousin A aunt U uncle MGF maternal grandfather MGM maternal grandmother
PGF paternal grandfather PGM paternal grandmother

Allergies: D: **Seasonal allergies at 12, treated with OTC medication, ongoing managed. D: Allergy to calamari at 15, treated with avoidance, managed.**

Blood: D: **Alpha-thalassemia carrier, single gene deletion (silent carrier) detected at 31, no treatment needed, ongoing.**

Gastro-intestinal: F: **Colon cancer at 60, treated with chemotherapy and surgery, cause of death at 63.**

Heart: M: **High blood pressure at age 50, treated with diet and exercise, managed. PA#1: High blood pressure at 48, treated with medication, managed. PGF: Heart attack at 65, treated with hospitalization, recovered. MU: Heart attack at 55, treated with hospitalization, recovered.**

Mental Health: MCo: **Depression at 22, treated with medication, ongoing, managed.**

Muscles/Bones/Joints: PA#2: **Osteoarthritis at 57, treated with medication, ongoing, managed.**

Sight/Sound/Smell: D: **Right eye 20/100, Left eye 20/100**

Cancer (see above): F: **Colon cancer**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: ***Positive**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

**CMV IgM is negative/IgG positive. This combination shows a historic CMV exposure and donor is presumed to currently be non-infectious*

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**
Spinal Muscular Atrophy (SMA): **Three copies of SMN1 detected (Normal)**
Hemoglobinopathies: **No abnormal hemoglobin detected (including sickle hemoglobin);**
Thalassemia: **Single alpha-gene deletion carrier. Also known as *Silent Carrier* for alpha thalassemia. Does not affect donor's health or pose a risk for alpha thalassemia major in offspring.**

DONOR PROFILE: 5053

DONOR NARRATIVE: 5053

The content of this narrative has not been altered by TSBC staff. It reflects the original written work of the Donor.

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I've been described by those who know me as shy and outgoing, meaning if I do not know a person well it could take time for me to warm up to them, but once a relationship/friendship is built that same person would describe me as a true extrovert. For example, at parties or other social gathers, I start off against the wall, but by end the night I'm in the middle of the dance floor. I love to have fun and consider myself a "big kid." When I take my daughter to the park, or when playing with kids at my job, I'm going down the slide, swinging on the monkey bars, or playing dodge ball right alongside of them. I like to be around people, being the youngest child I was always around others, so being around family and friends brings me a sense of comfort. I make it a point to network and get to know others around me, but I've had the same core group of best friends since 7th grade. I'm goal-oriented without being process driven, I'm not concerned about the path that takes me to my goal (as long as it doesn't send me to hell or jail) rather I'm more focused on the outcome. I'm curious, I enjoy people watching and understanding how people think, and how they interact with others.

What are your interests and talents?

I love helping others, at-risk children and youth specifically. I've seen youth start from traumatic upbringings, being abused physically, mentally, sexually, and emotionally and how it hinders their potential and growth. Seeing a child that has their innocence stolen from them, during what is supposed to be the most cherished time of their lives was heart breaking to me. Most of these youth looked like me, young, black, and male, fortunately I was blessed with positive role models in my life to guide and direct me. It was this positive influence that helped save me from becoming a statistic, a stereotype, a causality. I wanted to be the positive role model in the lives of others and help them reach their full potential. It is never easy, which is why I've always been interested in that line of work, but to watch youth overcome and know that I played even a small role makes it all worth it. I've always been involved in sports and music, sports was a way for my parents to run all of my energy out so I would take a nap when I was younger, as I continued to play I got better at it and truly began to like it. Playing basketball helped me learn discipline, hardwork, and teamwork, traits that I've needed in every aspect of my life. I also love music, since I can remember it has been my most effective form of therapy. Learning how to play the piano was the first time I found myself getting lost in music, I would play for hours, sometime the same song over and over. In my mind time stood still, and I would hear are the notes being played. From there I started to make my own music, forming a rap group that traveled around locally doing performances.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My ultimate goal in life is to be the best husband and father to my wife and child. I want to leave a legacy for my family, I want to be a role model for my daughter and set the precedent of what a man/human being is supposed to be. My goal as a husband is for my wife to know that I love her unconditionally. In 5 years I want to be living life to the fullest, debt-free, and traveling the world. In 10 years I want to be fully or partially retired, not having to trade time for money and being able to spend the majority of time with my friends and loved ones.

How would you describe your skills and interests in the following areas?

Math: Math was never my strongest subject, I was never interest in it because I figured that I would not use it in my future career path.

Mechanical: I like to take things apart to see how they work, and put them back together.

Athletic: I love exercising and playing various sports, basketball is the sport I play the best.

Musical, Artistic, Creative: I play piano by ear and enjoy writing music and poetry

Language (what languages besides English do you speak?): I speak some Spanish and I'm semi-fluent in American Sign Language

Writing: I enjoy writing poetry and short stories

Literature: I do not like required reading (reading textbooks) and as I got older I enjoy reading for pleasure more and more.

Science: I love science, specifically social science, learning how people think and interact.

Please list some of your favorite:

Movies: Coming to America, Forrest Gump, Oh Brother Where Art Thou?, Dumb and Dumber, Taken,
Books/Authors: The Autobiography of Malcom X, Don't Eat the Marshmellow....Yet, The Lord of the Flies, Always Running
Albums/Musicians: What's Going On (Marvin Gaye), Songs in the Key of Life (Stevie Wonder), Nevermind (Nirvana), Blueprint (Jay-Z)

What are a few of your reasons for becoming a sperm donor?

The reason why I want to become a sperm donor is due to the lack of minorities that are sperm donors. I know a couple personally that struggled to find a match because there were limited African-American donors. As a parent I know firsthand what a joy it is to have a child and think it is an injustice that qualified couples/persons are limited.

Did you choose to be an Identity-Release® Program donor?

Yes No

Why did you make this choice?

I think it is important for a child to know their history and background.

Is there anything else you would like to share with participating families and offspring?



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

Health Problems Donor 5053

Family member	Health Problem	Treatment/Resolution
Donor	Allergies <i>Seasonal</i>	Age at onset/diagnosis: 12 Treatment: OTC meds Outcome: Ongoing, managed
	Allergies <i>Calamari</i>	Age at onset/diagnosis: 15 Treatment: Avoidance Outcome: Managed
	Alpha thalassemia, carrier* <i>Single gene deletion, aka silent carrier</i>	Age at onset/diagnosis: 31 Treatment: None needed Outcome: Ongoing
Mother	High blood pressure	Age at onset/diagnosis: 50 Treatment: Diet and exercise Outcome: Managed
Father	Colon Cancer	Age at onset/diagnosis: 60 Treatment: Surgery, chemotherapy Outcome: Cause of death at 63
Paternal Grandfather	Heart attack	Age at onset/diagnosis: 65 Treatment: Hospitalization Outcome: Recovered
Maternal Uncle #1	Heart attack	Age at onset/diagnosis: 55 Treatment: Hospitalization Outcome: Recovered
Paternal Aunt #1	High blood pressure	Age at onset/diagnosis: 48 Treatment: Medication Outcome: Managed
Paternal Aunt #2	Osteoarthritis <i>Knee</i>	Age at onset/diagnosis: 57 Treatment: Medication Outcome: Ongoing, managed
Maternal Cousin	Depression	Age at onset/diagnosis: 22 Treatment: Medication Outcome: Managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

This donor has been identified as having three (out of four) working alpha globin genes. This is known as being a silent carrier for alpha thalassemia. This is not a disease and does not affect the donor's health. This donor's offspring may inherit a chromosome with one (out of two) alpha globin gene deletion OR a chromosome with two normal genes. Depending on whether a recipient is also a carrier for alpha thalassemia, there may be an increased risk for Hemoglobin H in the offspring. Hemoglobin H is not a serious health problem, but may cause a lifelong form of mild to moderate anemia. There is expected to be **no increased risk for this condition for recipients who are not alpha thalassemia carriers. This donor's genetic status does NOT put his offspring at risk for alpha thalassemia major. TSBC Genetic Counselor is available to discuss this with any interested recipient. Otherwise, upon review of the family medical history for this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.*

Cynthia Kane, M.S., C.G.C.

Genetic Counselor