



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

Interview Notes: 4886 Donor cannot be shipped to the state of New York

Donor 4886 is a creative and contemplative person. He came to our interview wearing a long-sleeved denim button-down shirt, faded black skinny jeans, and black high top Converse. He was carrying a well-loved tan backpack and a black matte bike helmet; 4886 does all of his commuting by bike, averaging an hour and a half each day. He is tall and lean with large hands and long fingers. His tousled brown hair is wavy and his dark, wide eyebrows are balanced out by his beard, mustache, and goatee. I noticed that his backpack was covered with handwritten notes, quotes, and drawings and asked him about it – it is a yearbook of sorts, with messages from friends he's made all over the world.

Donor 4886 grew up on the East Coast in a nice neighborhood with a solid group of friends. When he wasn't playing soccer, he spent most of his time with friends, riding bikes or putting on plays for the neighborhood. He has always been adventurous and was involved with extreme sports when he was younger. Academically, 4886 was not a great student – *I enjoyed school but just didn't really try or apply myself*. He began playing music in high school because some of his friends were in a band and he wanted to join; after starting out with the bass, he moved on to guitar. Although his musical interests are always changing, music remains a constant in 4886's life. After playing in a few bands while attending art school for college, 4886 is now into making, recording, and producing music at home. He describes himself as passionate about the history, theory, and production of music and thinks that someday he'd like to have a career either as a musician or doing something on the business side of music.

4886 has always been very close with his parents. Now that they live farther away from each other, they Skype together weekly. He has one older brother, but they were never especially close due to their four year age difference. 4886 was raised in the Unitarian church, where he attended church school and, later, youth group. He remembers the church as being very welcoming to everyone and credits it for influencing him to *feel open to all kinds of things and religions*. On his health history form, 4886 listed Buddhism as his religion. When I asked more about this he responded, *really I'm an Atheist, but I identify with Buddhist philosophy – the interconnectedness, the ontological being of things, how everything is all made up and not a set thing*.

4886 enjoys connecting with others and learning about different cultures. As a child, he travelled quite a bit throughout Europe. Later in life he had the opportunity to spend a semester abroad in Beijing, where he began studying Chinese. This extended travel forced him out of his habits and comfort zones, which he liked, and he plans to travel more in the future. Another goal of his is to do work related to farming, food justice, and environmental activism. For this reason, he would love to be able to do this work via the Peace Corps in rural China or somewhere in South America. 4886 has already done some activist work while in college on transgender rights and gender neutral housing. I learned that, on a whim, 4886 recently moved across country with a few friends. After talking with him, this seems completely fitting for him – carefree, adventurous and in it for the journey.

Interviewer: Kristen. M

November 2013



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Donor Profile: 4886 Donor cannot be shipped to the state of New York

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor 4886 is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in August, 2014.

PERSONAL INFORMATION

- Identity-Release[®] Program: **Yes**
- Month/year of birth: **October 1991**
- Education: **BA in Philosophy and Asian Studies**
- Current occupation: **Sandwich Maker**
- Ethnic origin: **Hungarian, English, Polish, German, Dutch**
- Religion: **Buddhist**

PHYSICAL CHARACTERISTICS

- Height: **6'1"**
- Weight: **148.5**
- Hair color: **Medium brown**
- Hair type: **Curly**
- Eye color: **Dark brown**
- Complexion: **Fair/creamy**
- Body type: **Medium**
- Blood group/Rh: **O+**
- Baby photo available: **Yes**
- Other distinguishing features: **Dimples**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **D: Allergies (dust):** at age 7, treated with OTC medication, managed.

Blood: **M: Anemia** at 40, treated with iron supplements, managed.

Breast Cancer: **M: Breast cancer** at 42, treated with chemotherapy and mastectomy, resolved. **PGM: Breast cancer** at 60, treated with chemotherapy, resolved, now 82.

Congenital Anomalies (Birth Defects): **M: Congenital hip dysplasia** at birth, treated with bracing and surgery at 56, managed.

Genital/Reproductive: **MGM: Uterine cancer (endometrial)** at 65, treated with hysterectomy and chemotherapy, resolved.

Heart: **PGF: High cholesterol at 70, treated with diet change, managed. PGF: Coronary artery disease at 75, treatment unknown, ongoing and contributed to heart attack at 75. PGF: Heart attack at 75, treated with bypass surgery, resolved.**

Mental Health: **F: Depression and Anxiety at 30, treated with medication, resolved at 32. B: Depression in early 20's, treated with medication, managed.**

Metabolic/Endocrine: **PU: Type 1 diabetes at 14, treated with medication and diet change, ongoing and managed.**

Muscles/Bones/Joints: **D: Scoliosis (mild) during childhood, no treatment, managed and not problematic. M: Congenital hip dysplasia at birth, treated with bracing and surgery at 56, managed. M: Osteoarthritis at 40, treated with OTC medication, managed. MGM: Rheumatoid Arthritis at 50, treated with medication.**

Neurological: **MU: Migraines at 40, treated with medication, ongoing.**

Respiratory (Lungs): **D: Asthma at 8, treated with inhaler, managed. F: Asthma at 6, no treatment, resolved at 32.**

Sight/Sound/Smell: **D: Right eye: 20/15, Left eye: 20/15.**

Urinary: **MGM: Bladder cancer at 80, no treatment, cause of death at 80. MGF: Bladder cancer at 75, treated with chemotherapy, ongoing until death at 85.**

Cancer (see above): **M: Breast cancer at 42, treated with chemotherapy and mastectomy, resolved. MGM: Bladder cancer at 80, no treatment, cause of death at 80. PGM: Breast cancer at 60, treated with chemotherapy, resolved, now 82. MGF: Bladder cancer at 75, treated with chemotherapy, ongoing until death at 85.**

Other: **MGF: Motor neuron disease at 85, no treatment, ongoing until death at 85.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**
HIV 1 & 2: **Non-Reactive**
Hepatitis B: **Non-Reactive**
Urinalysis: **Normal**

Gonorrhea: **Not Detected**
CMV total antibody: **Negative**
Hepatitis C: **Non-Reactive**
Chem panel: **Normal**

Syphilis: **Non-Reactive**
HTLV 1 & 2: **Non-Reactive**
CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**

Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**

Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE: 4886

The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

Take my word for it, I am really, really funny. If there were other words I'd use to describe myself it would be extremely curious and adventurous. I always want to learn and experience more. I'm not wildly extroverted, ie. the type of person who can quickly become friends with strangers, but I'm not entirely introverted either. I am very personable and eager to learn from everyone I meet. I enjoy having fun and joking around and have been accused on occasion of never being serious. This accusation, however, is not entirely the case. I take many things in my life, as well as the lives of others, very seriously. Although more adrift when I was younger, I have grown to be focused on what it is that I want and what is necessary to achieve such goals.

What are your interests and talents?

I am passionate about many things but, as I said earlier, I am most passionate about learning. I am fascinated by music and film, often spending countless hours absorbed in a great movie or album. Things that I'm good at usually deride from formula of some sort, meaning that I am good at music, language, and math, all of which function as interacting formulas in their own way. One of my greatest passions is philosophy, my three main pillars of interest being Buddhism, political/economic theory, and gender theory. I should mention that while I define myself as a Buddhist and live my life in a Buddhist manner, I do so in a purely secular and philosophical way. I am not religious by any stretch of the word. I also enjoy cooking, particularly Chinese and Indian food, and I think I'm pretty good at it.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

There are many things I want to complete in my life time but I do not know or even have an inkling as to where I'll be in 5 years time. I can certainly see myself still living in the East Bay area, hopefully having a job involved with either music, farming or food of some sort. Beyond a career path, I want to spend time working on a farm, particularly in China and Japan, perhaps spending a year or two there. What also sits on my potential horizon is joining the peace corps, which may in turn push me into a career more involved in activism, as I do have a passion for and background in activism.

How would you describe your skills and interests in the following areas?

Math:

Mechanical:

Athletic:

Musical, Artistic, Creative:

Language (what languages besides English do you speak?):

Writing:

Literature:

Science:

My skills in the academic arena vary. As I said, I am suited for formulaic disciplines, such as music, math, and language. I have always been a creative person, which has suited me for music as well as art in general but also in creative writing. My passion for writing also extends to non-fiction and essays, which I wrote a great deal of while in college. My major in school was philosophy, which meant spending most of my time reading and writing. I believe that its my passion for the philosophical that drives my interest in literature as well. Although I haven't read as much fiction as of late, I still love reading a great book and remember with warm sentiment the books I have poured through, the books that have taught me about the world and human nature. My love for words also lends itself to my interest in language. I studied Spanish for many years as a child and loved studying it. While in college, I spent a semester in Beijing, studying Mandarin and have continued to study it ever since. Although I am certainly more interested in the disciplines related to critical thinking, I have always been active. I played soccer for 12 years and ran cross country for 2 years after that. I don't play sports often now but I stay active by using my bike as my primary mode of transportation. I was never particularly good at science or things mechanical, but that in no way reflects on my interest in them. I have always been fascinated by science. It's only that my mind's thought pattern is not conducive to the study of science, particularly biology.

Stranded on a deserted island what one book, movie and album would you bring?

Movie: Book: Album:

If I were stranded on a desert island the movie I would bring would either be *The Science of Sleep* or maybe *The Eternal Sunshine of the Spotless Mind*. If I could only bring one book it would be *Thus Spoke Zarathustra* by Nietzsche. This is a book that is so painfully beautiful that I can really read it over and over again. If there was only one album? This is the hardest question for sure. I think it might have to be *Skeletal Lamping* by of Montreal, because it is the most varied and fun album I know, it would take a while to get sick of it. This is a strange question though, I think it means to ask what your favorite things are but really it's asking what you won't get sick of. A lot of the best things are so intense and powerful that they couldn't be endured over and over again. Upon second thought, I change my movie answer to *Zoolander*.

What are some of your reasons for becoming a sperm donor?

I wanted to become a sperm donor because I know so many people don't know what they want to do in terms of their career but know without a doubt that they want to be parents and I think this is so important. Although I don't believe in a definite meaning of life, I do believe that it is our duty as social creatures to take care of the next generation and so to have people that are so passionate about raising a child is wonderful. This is why it is so awful to think that these people who want so badly to raise a child aren't able to do so. If there is any thing I can do to help them then I am happy to do it.

Did you choose to be an Identity-Release® Program donor?

Yes No

Why did you make this choice?

I choose to be an Identity-Release Program donor because I think it can be really important for a person to know where they come from. I in no way mean to imply that I am a parent to the child in an equal manner as the parents who raise him or her but if the child wants to know more about me and feels it to be important then I would not imagine denying her or him that possibility. I strongly maintain the notion that those who raise the child are the true parents of the child but I am more than happy to have help or have some relationship with the child if they want to do so.

Is there anything else you would like to share with participating families and offspring?

No answer was provided.



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HEALTH PROBLEMS DONOR 4886

| Family member | Health Problem | Treatment/Resolution |
|----------------|--------------------------|---|
| Donor | Allergies <i>Dust</i> | Age at onset/diagnosis: 7 Treatment: OTC medication Outcome: Managed |
| | Asthma | Age at onset/diagnosis: 8 Treatment: Inhaler Outcome: Managed |
| | Scoliosis, mild | Age at onset/diagnosis: Childhood Treatment: None Outcome: Managed, not problematic |
| Brother | Depression | Age at onset/diagnosis: Early 20's Treatment: Medication Outcome: Managed |
| Mother | Congenital hip dysplasia | Age at onset/diagnosis: Birth Treatment: Bracing, surgery at 56 Outcome: Managed |
| | Osteoarthritis | Age at onset/diagnosis: 40 Treatment: OTC meds Outcome: Managed |
| | Anemia | Age at onset/diagnosis: 40 Treatment: Iron supplements Outcome: Managed |
| | Breast cancer | Age at onset/diagnosis: 42 Treatment: Chemotherapy, mastectomy Outcome: Resolved |
| Father | Asthma | Age at onset/diagnosis: 6 Treatment: None Outcome: Resolved in teens |
| | Depression, anxiety | Age at onset/diagnosis: 30 Treatment: Medication Outcome: Resolved at 32 |

| | | |
|-----------------------------|------------------------------|---|
| Maternal Grandfather | Bladder cancer | Age at onset/diagnosis: 75 Treatment: Chemotherapy Outcome: Ongoing until death at 85 |
| | Motor neuron disease | Age at onset/diagnosis: 85 Treatment: None Outcome: Ongoing until death at 85 |
| Maternal Grandmother | Rheumatoid arthritis | Age at onset/diagnosis: 50 Treatment: Medication Outcome: Managed |
| | Uterine (endometrial) cancer | Age at onset/diagnosis: 65 Treatment: Hysterectomy, chemotherapy Outcome: Resolved |
| | Bladder cancer | Age at onset/diagnosis: 80 Treatment: None Outcome: Cause of death at 80 |
| Paternal Grandfather | High cholesterol | Age at onset/diagnosis: 70 Treatment: Diet Outcome: Managed |
| | Coronary artery disease | Age at onset/diagnosis: 75 Treatment: Unknown Outcome: Ongoing, contributed to heart attack at 75 |
| | Heart attack | Age at onset/diagnosis: 75 Treatment: By-pass surgery Outcome: Resolved, now 82 |
| Paternal Grandmother | Breast cancer | Age at onset/diagnosis: 60 Treatment: Chemotherapy Outcome: Resolved, now 82 |
| Maternal Uncle | Migraines | Age at onset/diagnosis: 40 Treatment: Medication Outcome: Ongoing |

Paternal Uncle

Type 1 diabetes

Age at onset/diagnosis: 14

Treatment: Medication, diet change

Outcome: Ongoing, managed

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population. Although there are a number of individuals with cancer in the family, a hereditary pattern of risk is not evident; most cancers are at older ages. Specifically, the maternal grandparents' histories of bladder cancer are likely to be affected by environmental factors (smoking); not strongly hereditary. Mother w/breast cancer under 50 is probably unrelated. Paternal grandmother w/breast cancer at 60 is most likely within general population risks.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor