



Reproductive Technologies, Inc.

# THE SPERM BANK OF CALIFORNIA

## INTERVIEW NOTES: 4687

If I only had three words to describe donor 4687, I would choose: intelligent, serious, and beautiful. He came to our interview wearing dark blue jeans, a navy and white striped polo, and dark navy tennis shoes. He mentioned that people have told him he resembles Drago from “Rocky IV.” I would absolutely agree. 4687 is a thinner, less square-faced version of the Swedish actor Dolph Lundgren. 4687’s demeanor also kind of reminds me of Jim Parsons from “The Big Bang Theory.” A seemingly odd combination—chiseled fighting machine and tender science guy—but I wouldn’t describe him any other way.

Donor 4687 was born in Russia and came to the United States when he was five years old. His favorite memories of Russia mostly involve the time he spent with his grandmother. They would paint watercolors in the afternoons, take historic walks together throughout the city, and go mushroom picking in the woods. He had a favorite walking stick that accompanied him everywhere he went. To keep up with his Russian, his parents gave him their own homework that consisted of daily reading and writing until he was in high school. He tries talking to his parents twice a week on the phone to keep his language skills fresh.

Donor 4687 is extremely close to his family and is excited for his family to visit in a few weeks so he can show them around. He promised his younger sister he would take them to Alcatraz since she has become a fan of the new TV show of the same name. His sister is 11 years younger than he is, and he has always assumed the role as the *protective older brother*. He told me that they text on a regular basis and he encourages her to *avoid going the way of the crowd and that she should be her own person*. Their parents are both research scientists—his mom is a microbiologist and his father is a chemist. His sister, on the other hand, aspires to be a fashion designer in NYC. When I asked him if he gets fashion tips from her, he laughed and said *I worry that if I go to her for fashion advice, she would encourage me to dress like Justin Bieber*. I was impressed by how protective he is of his younger sister. His close family upbringing contributes to his level of loyalty to those close to him. When I asked him what kind of animal he would be, he responded *dolphin- because they have a lot to explore above and below, and because they are extremely protective of the company they keep*.

Donor 4687 is not your average guy. He is extremely mature and has a serious presence. He has not owned a TV since leaving home before college, and when he goes home, he sticks to the Food Network and PBS. He did admit that his guilty pleasure is an occasional online episode of “The Office.” I asked the donor if he could have dinner with any three individuals, who would he choose? He answered *President Obama, Einstein, and Leonardo DaVinci*. I didn’t ask any follow up questions, because his guest list said all I needed to know. 4687 loves reading magazines, specifically, *National Geographic* and *Newsweek*. In his free time, 4687 enjoys nature and being active outside. He’s new to the Bay Area and is taking advantage of its geographical location, having already camped at Big Sur, skied in Tahoe, driven up the coast, and plans to climb Half Dome this summer. The donor enjoys cooking and specializes in cooking large cuts of meat; he even built his own meat smoker while an undergrad. He loves the variety of food options that the Bay Area has to offer, and he makes an effort to try a new place every week or so.

I can tell the donor is an exceptionally hard worker and must have worked excruciatingly hard in college to get where he is today. He told me he jumped up and down and celebrated with a few beers after he received his acceptance phone call to his top choice program.

4687 is sweet and genuine. He has been very open with his family about his decision to become a sperm donor. His heart is in the right place and he is taking everything into consideration. Because he doesn’t know where he will personally be in 20 years, he has chosen not to join the Identity-Release® Program at this time.

Interviewer: Nora L

Date: March 2012



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## DONOR PROFILE: 4687

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4687** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in September 2012 and updated in October 2015.

### PERSONAL INFORMATION

- Identity-Release<sup>®</sup> Program: **No**
- Month/year of birth: **12/1988**
- Education: **Bachelor of Science degree in Chemistry & Biology**
- Current occupation: **Graduate student pursuing Ph.D. in Chemistry**
- Ethnic origin: **Russian**
- Religion: **Agnostic**

### PHYSICAL CHARACTERISTICS

- Height: **5'11.5"**
- Weight: **170**
- Hair color: **Dark Blond**
- Hair type: **Straight**
- Eye color: **Green/Hazel**
- Complexion: **Light Olive**
- Body type: **Medium Build**
- Blood group/Rh: **B+**
- Baby photo available: **Yes**
- Other distinguishing features: **resembles Drago from Rocky IV**

### FAMILY MEDICAL HISTORY

**KEY:** **D** donor    **Ch** child    **F** father    **M** mother    **S** sister    **B** brother  
**Co** cousin    **A** aunt    **U** uncle    **MGF** maternal grandfather    **MGM** maternal grandmother  
**PGF** paternal grandfather    **PGM** paternal grandmother

Muscles/Bones/Joints: **PGM: Back problem (probably kyphosis), at 63, no treatment, ongoing. MGF: Osteoarthritis (back) at 60, treated with exercise, ongoing. PGF: Osteoarthritis, at 65, treated with exercise, ongoing. MU(Half-uncle): Bone problem (probable rickets) at 13, treated with diet, increase in calcium, resolved.**

Neurological: **M: Migraines at 35, treated with aspirin & occasional beta blockers, managed.**

Sight/Sound/Smell: **D: 20/15, 20/15, PGF: Color blindness at birth, no treatment, ongoing.**

Other: **MGM: Appendicitis at 30, treated with surgery, resolved . M: Benign breast tumor, treated with surgery, resolved.**

## DONOR LAB RESULTS

|                                  |                                     |                                 |
|----------------------------------|-------------------------------------|---------------------------------|
| Chlamydia: <b>Not Detected</b>   | Gonorrhea: <b>Not Detected</b>      | Syphilis: <b>Non-Reactive</b>   |
| HIV 1 & 2: <b>Non-Reactive</b>   | CMV total antibody: <b>Negative</b> |                                 |
| Hepatitis B: <b>Non-Reactive</b> | Hepatitis C: <b>Non-Reactive</b>    | HTLV 1 & 2: <b>Non-Reactive</b> |
| Urinalysis: <b>Normal</b>        | Chem panel: <b>Normal</b>           | CBC: <b>Normal</b>              |

## GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

*Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.*

|                                    |  |
|------------------------------------|--|
| Cystic Fibrosis: (> 500 mutations) | <b>No mutation detected</b>  |
| Spinal Muscular Atrophy (SMA):     | <b>Two copies of SMN1 detected</b>   |
| Hemoglobinopathies/Thalassemia:    | <b>No abnormal hemoglobin detected (including sickle hemoglobin);<br/>No evidence of thalassemia</b> |

## DONOR NARRATIVE: 4687

*The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor*

### Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

I would describe myself currently as a very goal oriented individual. I am a hard worker in many aspects of my life. As a child I was fairly shy but am currently much more outgoing. Most of my friends would also describe me as being serious, yet funny.

### What are your interests and talents?

I have a lot of talent in science/mathematics. I am currently utilizing these talents to construct a career for myself in Chemistry. I was a fairly skilled athlete growing up. I competed in basketball, tennis, volleyball, track and field, and karate. I still regularly play tennis and basketball. I love any outdoor activities, ranging from fishing to camping. I take any opportunity I can get to spend time outdoors. Aside from that, another passion of mine is cooking. I love to prepare my own food, ranging from break baking to barbeque. My remaining interests include movies and East Asian art.

### What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

One of my primary goals is to obtain my Ph.D. in Chemistry and Materials Science. I would like to use my advanced degree to either conduct research as a career, working for a company or university, or to teach Chemistry at a university level. In the process of obtaining my Ph.d and beyond, I would like to make a meaningful, positive impact on my surrounding community, whether it be exposing younger children to science through outreach programs or making scientific contributions that benefit the lives of others. In ten years I see myself potentially working in the field of Chemistry, married, and potentially having a son/daughter.

**How would you describe your skills and interests in the following areas?**

**Math:** My math skills are very high. I use these skills on a daily basis in my work and they have helped me get to where I am today.

**Mechanical:** I would say that my mechanical skills are average. I can build assemble most standard equipment without trouble not much more beyond that.

**Athletic:** I am a talented athlete. I played multiple sports throughout middle and high school. I still keep in shape to this day and occasionally participate in various local races and sporting events. I usually like to watch various sports as a way to relax and take a break from work.

**Musical, Artistic, Creative:** Unfortunately, most of these talents went to my sister. I am a decent painter, but lack creativity and musical talent. However, I enjoy studying/viewing East Asian painting. My interests in music are fairly eclectic, ranging from alternative rock to classical.

**Language (what languages besides English do you speak?):** In addition to English, I am fluent in Russian. I took several courses in German but cannot speak it fluently.

**Writing:** My writing is average. I use it primarily as a means to an end, which is how it is viewed in my field of study.

**Literature:** I love to read when I can find the time to do so. I read a range of different types of literature, spanning from science magazines to fictional novels. I appreciate books that make me think and reevaluate m current positions on various subjects.

**Science:** My skills in science are very strong. I have an undergraduate degree in Chemistry and Biology and am currently pursuing a ph. D in chemistry and Materials Science. I was interested in science from a young age and there is no other job in the world that I would rather have.

**Please list a few of your favorite:**

**Movies:** Forrest Gump

**Books/Authors:** The Great Gatsby

**Albums/Musicians/Performances:** Best of Bob Marley

### What are some of your reasons for becoming a sperm donor?

I chose to become a sperm donor for both financial and for altruistic reasons. Donating sperm is a simple way to help those that have difficulty having children for one reason or another. Being a sperm donor will also help me pay off my undergraduate loans and augment my graduate student stipend.

### Did you choose to be an Identity-Release<sup>®</sup> Program donor?

Yes     No

### Why did you make this choice?

I choose not to be part of the Identity Release<sup>®</sup> program to avoid potential confrontation with possible biological children. I am doing this to help others who have trouble with conception. I do not know exactly what my future holds and whether or not I will be ready to meet potential offspring.

### Is there anything else you would like to share with participating families and offspring?



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## HEALTH PROBLEMS DONOR 4687

| FAMILY MEMBER               | HEALTH PROBLEM                           | TREATMENT/RESOLUTION  |
|-----------------------------|--|---|
| <b>Mother</b>               | Migraines                                | Age at onset/diagnosis: 35<br>Treatment: Aspirin, occasional beta –blocker meds<br>Outcome: Managed |
|                             | Benign breast tumor                      | Age at onset/diagnosis: 37<br>Treatment: Surgery<br>Outcome: Resolved                               |
| <b>Maternal Grandfather</b> | Osteoarthritis<br><i>Back</i>            | Age at onset/diagnosis: 60<br>Treatment: Exercise<br>Outcome: Ongoing                               |
| <b>Maternal Grandmother</b> | Appendicitis                             | Age at onset/diagnosis: 30<br>Treatment: Surgery<br>Outcome: Resolved                               |
| <b>Paternal Grandfather</b> | Colorblindness                           | Age at onset/diagnosis: Birth<br>Treatment: None needed<br>Outcome: Ongoing                         |
|                             | Osteoarthritis                           | Age at onset/diagnosis: 65<br>Treatment: Exercise<br>Outcome: Ongoing, managed                      |
| <b>Paternal Grandmother</b> | Back problem<br><i>Probable kyphosis</i> | Age at onset/diagnosis: 63<br>Treatment: None<br>Outcome: Ongoing, managed                          |
| <b>Maternal Half-Uncle</b>  | Bony problem<br><i>Probable rickets</i>  | Age at onset/diagnosis: 13<br>Treatment: Diet, increased calcium intake<br>Outcome: Resolved        |

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor’s family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. (“Increased risk” is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C., Genetic Counselor