



INTERVIEW NOTES: 4647

Donor 4647 is an extraordinarily handsome, well-dressed and put-together young man. He came to our interview wearing a long-sleeved blue button-down shirt, black slacks and brown loafers. Casually slung over the shirt was a light grey hoodie. His clear skin has a light golden tan to it and his shiny, grown out hair is a mix of different blond tones. I would say that the comparison made in his health history to the character *Westley* from *The Princess Bride* (actor Cary Elwes) is quite accurate, (although it would have to be a much younger version of the character). His eyes are a crystal clear, bright blue and his full lips house perfectly straight, white teeth. Truly, he could have walked off the cover of a *J. Crew* magazine. Even more importantly, I found him to be an excellent communicator; he is incredibly thoughtful and engaging.

As I got to know donor 4647 in this interview, I learned that family is a consistent and comforting part of his life. He is quite close to his parents as an adult, and talks to them on the phone weekly. He feels *really blessed* to have had all the opportunities he had as a child. His parents raised his brother and him in the Presbyterian Church, which he thinks gave him a strong moral foundation. As he got older, he grew away from the church, finding a more spiritual path to walk. He has traded in Christianity for more spiritual practices, and now 4647 is devoted to meditation. He believes there are real and important benefits to be gained from self-reflection.

School was always very easy for donor 4647; he had no trouble maintaining a 4.0 GPA with little pressure from his parents. He has recently graduated with a major in Politics and Economics and a minor in Chinese. I was curious about why he chose Chinese as a minor, and that started a lengthy discussion. In high school, donor 4647 was asked to choose a language, either Spanish or Chinese. He chose Chinese because it seemed like everyone else was choosing Spanish. The class he was in was small and the teacher was very enthusiastic. This gave him a strong base of appreciation for the language. He found everything about the language and culture intriguing, so much so that he moved to, lived in, worked, and studied in China, on and off for a total of six years. For nine months of this time, he worked for the U.S. State Department in Taiwan. He is able to communicate quite well in Chinese and feels that the culture has been very welcoming to him. 4647 started out with a lot of romanticized ideas about the culture; ideas that grew from his study of ancient poems and contemplative Chinese philosophy. Admittedly, he was a bit disappointed when he realized that like almost all modern cultures, an emphasis on capitalism and consumerism has won over the more ancient ways of the past.

These days, 4647 considers the activity of running a spiritual practice, although he seemed a little shy and awkward about sharing it in that way. He is in training to run his first marathon. When he is out on the trail running, he says that he feels *a freedom and connectedness* and that *he is another small part of nature, at once tiny and huge*. He told me he has aspirations to be a really fast runner over long distances, and then laughed at how vague that sounded. He also shared that the most important lesson he's ever learned about running is to always *bring a friend*. We are very lucky to have donor 4647 in our donor program!

Interviewer: Anat

Date: December 14, 2011



Reproductive Technologies, Inc.

THE SPERM BANK OF CALIFORNIA

DONOR PROFILE: 4647

The past and current personal and family medical history, physical examination, and laboratory test results determine that donor **4647** is eligible and approved for semen donation at THE SPERM BANK OF CALIFORNIA. This profile was prepared in **September, 2012**. Donor returned to program, and profile was updated in **May 2014** and again in **January 2016**.

PERSONAL INFORMATION

- Identity-Release® Program: **Yes**
- Month/year of birth: **01/1988**
- Education: **Bachelor's degree in Politics and Economics; in process of applying to medical schools.**
- Current occupation: **Environmental and Energy Data and Research consultant**
- Ethnic origin: **German, Scottish, Irish, Swiss**
- Religion: **Presbyterian**

PHYSICAL CHARACTERISTICS

- Height: **5'11"**
- Weight: **150**
- Hair color: **Medium blond**
- Hair type: **Straight**
- Eye color: **Blue**
- Complexion: **Fair/creamy**
- Body type: **Medium**
- Blood group/Rh: **A+**
- Baby photo available: **Yes**
- Other distinguishing features: **High cheek bones, tall, slender nose, full lips**

FAMILY MEDICAL HISTORY

KEY: **D** donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather **MGM** maternal grandmother
PGF paternal grandfather **PGM** paternal grandmother

Allergies: **M: Allergies, seasonal, onset 20-30's, antihistamines, managed .**

Genital/Reproductive: **PGF: Prostate Cancer onset 63, radiation, resolved, MA#2: Endometriosis onset 40, hysterectomy, recovered, PGM Ovarian cancer at 78, treated with surgery and chemotherapy, ongoing, managed.**

Heart: **F: High Blood Pressure onset 46, medication, diet and exercise, managed, MGF: High Blood Pressure onset 50, medication, managed. MGF: Coronary artery disease onset 75, treatment: bypass surgery, resolved. MGM: Heart failure cause of death at 78.**

Mental Health: **MGF: Depression onset 80, medication, managed, MA#1: Mild anxiety disorder onset 52, medication, managed, MCo (daughter of above Aunt): Mild anxiety disorder onset 20, medication, managed**

Metabolic/Endocrine: **MGF: Thyroid Disease onset 79, medication, managed**

Muscles/Bones/Joints: **PGM: Osteoporosis mild onset early 60's, calcium supplements, managed**

Neurological: **MGM: Stroke (mini-strokes) onset 65-70, medication, no long term effects, PCo: Tourette Syndrome onset 10, medication, managed**

Respiratory: **MGM: Emphysema onset 72, inhaler, managed until death, MGM: Lung Cancer (heavy smoker lifelong) onset 75, untreated, ongoing until death, MGF: COPD (Smoker) onset 75, no treatment, ongoing til death**

Sight/Sound/Smell: **D: Right eye 20/13, Left eye 20/13**

Skin: **MGF: Skin cancer-genital region, onset late 70's, minor surgical procedure, recovered**

Substance Abuse: **MGF: Alcoholism onset 45, treatment rehabilitation, recovered**

Cancer (see above): **PGF: Prostate cancer. MGM: Lung cancer. MGF: Skin cancer, PGM: Ovarian cancer.**

DONOR LAB RESULTS

Chlamydia: **Not Detected**

HIV 1 & 2: **Non-Reactive**

Hepatitis B: **Non-Reactive**

Urinalysis: **Normal**

Gonorrhea: **Not Detected**

CMV total antibody: **Negative**

Hepatitis C: **Non-Reactive**

Chem panel: **Normal**

Syphilis: **Non-Reactive**

HTLV 1 & 2: **Non-Reactive**

CBC: **Normal**

GENETIC SCREENING RESULTS: ALL TEST VALUES IN NORMAL RANGE

Genetic screening tests can significantly reduce, but never completely eliminate, the chance that a person is a carrier for a particular disorder.

Cystic Fibrosis: (> 500 mutations) **No mutation detected**

Spinal Muscular Atrophy (SMA): **Two copies of SMN1 detected**

Hemoglobinopathies/Thalassemia: **No abnormal hemoglobin detected (including sickle hemoglobin);
No evidence of thalassemia**

DONOR NARRATIVE 4647

The content of this narrative has not been altered by TSBC staff and therefore reflects original written work of the Donor

Describe your personality: introvert, extrovert, funny, serious, goal-oriented, curious, shy, etc.

Quiet and attentive by nature, my friends draw-out my humor and leadership. Over the years, I've learned, in the words of Kipling, to "meet triumph and disaster and treat both impostors just the same." Remarkably easygoing, I lead an extremely active and healthy lifestyle. Stress is rare for me, and anger almost unheard of. Day-to-day I'm caring and reflective, and look always for the beauty and silver lining to situations. I am my own harshest critic, but this keeps me humble and open to growth.

What are your interests and talents?

Interests - Running international events, philosophy, literature, economics, cooking, nutrition, backpacking, bicycle touring and social movements. Very humorous, friends have suggested I have a sitcom or do stand-up in the past. Knowledgeable about my passions, and an eloquent leader when challenged to rise to the occasion.

What are some of your goals and ambitions in life? Where do you see yourself in 5 or 10 years?

My dreams are varied – will I be running in the Olympics, in a top graduate economics program, or leading tours of California's wilderness? Unknown. I will be working to cultivate sensitive and intentional interactions with those I love and to find a niche to work towards social justice in a big way.

How would you describe your skills and interests in the following areas?

Math: Two grades ahead since middle school and a straight A student up through calculus. Though interested more in the application of mathematics, I appreciate the contribution of highly theoretical math work.

Mechanical: I've built my own bike wheel and performed my own maintenance for years. Generally handy without having spent much time working with my hands.

Athletic: Wicked-fast hand-eye coordination, I can almost always catch dropped things before they hit the ground. Serious about distance running, I'm training for my first marathon and plan to run it in under three hours.

Musical, Artistic, Creative: I play the piano, read music well and love to sing, though I don't pursue any of these in a formal way.

Language (what languages besides English do you speak?):

Mandarin, spoken and written. Studied for years, spent nearly a year in East Asia. If I lived there for another year or two, I'd likely achieve fluency.

Writing: Doesn't everyone think they could be a writer one day? My friends and professors have encouraged me in my creative and essay writing. Perhaps someday it will become more than a hobby. Literature has profoundly influenced my life.

Literature: Some of my favorite authors include John Steinbeck, David Foster Wallace, Milan Kundera, Victor Hugo and Lu Xun, to name but a few. To me, fiction allows us intimately deep access to the thoughts of others. Literature helps us to consider the beauty and tragedy in human existence in myriad subtle, clever and profound ways. In a struggle to live a life unconnected to material possessions, my instinct to surround myself with books possess somewhat of a challenge.

If you could have only one movie, book and album, what would they be?:

- **Movie:** *Casablanca (1942)*, On VHS – film tape could be used to lash raft together
- **Book:** *Infinite Jest* by David Foster Wallace, Thick, would also work as a meditation cushion
- **Album:** *The White Album (the Beatles)*, On CD – can double as signaling mirrors

What are some of your reasons for becoming a sperm donor?

Primarily, I hope to support alternative families and keep what for me have been healthy and brainy genes in the larger human gene pool. As my mom put it, why let good genes go to waste? I may have children someday, but adoption is a serious consideration for me as well.

Did you choose to be an Identity-Release® Program donor?

Yes No

Why did you make this choice?

Donor-conceived offspring should have the chance to know something of their biological heritage. I'd like to support that opportunity.

Is there anything else you would like to share with participating families and offspring?

I wish your family all the love and peace that you can imagine.



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HEALTH PROBLEMS DONOR 4647

| FAMILY MEMBER | HEALTH PROBLEM | TREATMENT/RESOLUTION |
|-----------------------------|--|---|
| Mother | Allergies <i>Seasonal</i> | Age at onset/diagnosis: 20-30's Treatment: Antihistamines Outcome: Managed |
| Father | High blood pressure | Age at onset/diagnosis: 46 Treatment: Medication, diet, exercise Outcome: Managed |
| Maternal Grandmother | Strokes (mini-strokes) | Age at onset/diagnosis: 65-70 Treatment: Medication Outcome: No-long term effects |
| | Emphysema | Age at onset/diagnosis: 72 Treatment: Inhaler Outcome: Managed |
| | Lung Cancer <i>Heavy smoker, lifelong</i> | Age at onset/diagnosis: 75 Treatment: Untreated Outcome : Ongoing until death at 78 |
| | Heart failure | Age at onset/diagnosis: 78 Treatment: Hospitalization Outcome: Cause of death |
| Maternal Grandfather | Alcoholism | Age at onset/diagnosis: 45 Treatment: Rehabilitation Outcome: Recovered |
| | High Blood pressure | Age at onset/diagnosis: 50 Treatment : Medications Outcome: Managed |
| | COPD <i>Smoker</i> | Age at onset/diagnosis: 75 Treatment: None Outcome: Respiratory failure @ 81 |
| | Coronary artery disease | Age at onset/diagnosis: 75 Treatment: By-pass surgery Outcome: Resolved |
| | Thyroid disease | Age at onset/diagnosis: 79 Treatment: Medication Outcome: Managed |

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|--|--------------------------------------|---|
| Maternal Grandfather <i>(Con't)</i> | Skin Cancer <i>Genital region</i> | Age at onset/diagnosis: Late 70's Treatment: Minor surgical procedure Outcome: Recovered |
| | Depression | Age at onset/diagnosis: 80 Treatment: Medications Outcome: Managed |
| Maternal Aunt #1 | Mild anxiety disorder | Age at onset/diagnosis: 52 Treatment: Medication Outcome: Managed |
| Maternal Aunt #2 | Endometriosis | Age at onset/diagnosis: 40 Treatment: Hysterectomy Outcome: Managed |
| Maternal Cousin <i>(daughter of MA #1)</i> | Mild anxiety disorder | Age at onset/diagnosis: 20 Treatment: Medication Outcome: Managed |
| Paternal Grandmother | Osteoporosis <i>Mild</i> | Age at onset/diagnosis: Early 60's Treatment: Calcium supplements Outcome: Managed |
| | Ovarian Cancer | Age at onset/diagnosis: 78 Treatment: Surgery, chemotherapy Outcome: Ongoing, managed. Responding well to treatment. |
| Paternal Grandfather | Prostate cancer | Age at onset/diagnosis: 63 Treatment: Radiation Outcome: Recovered |
| Paternal cousin | Tourette syndrome | Age at onset/diagnosis: 10 Treatment: Medication Outcome: Managed |

The above family medical history information has been self-reported by the donor. We work with each donor to obtain as complete and accurate information as possible, but we are unable to completely rule out the existence of other health information that is not known, or that remains unreported to us.

As a board certified genetic counselor, I have reviewed this donor's family medical history for identifiable patterns of inheritance that may place the donor or his biological offspring at increased risk for certain health problems. ("Increased risk" is risk that is greater than the risk in the general population).

Upon review of the available family medical history information from this donor, the risk for similar health problems occurring in offspring is not expected to exceed the risk in the general population.

Cynthia Kane, M.S., C.G.C.
Genetic Counselor