

The Sperm Bank of California

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Donor 3145 Interview Notes

Donor 3145 is a warm, genuine man with a zest for life. He joined the Marines right out of high school in order to, as he put it, “leave home, see the world, have adventures, be active and virile.” He comes from a very close, very religious Southern Baptist family. His maternal grandfather was a Baptist preacher in the small town the donor grew up in, and his maternal grandmother led the church choir. While the donor is not a churchgoer himself, commenting that he doesn’t like to be told what to think, he came across as very respectful and loving of his family. He is more socially liberal than his parents, but was passionate in describing their intolerance. His pride in his family showed when he told me the story of his maternal grandfather’s death while on a missionary retreat in Costa Rica. A group of about a dozen people had gone swimming when a rip tide sucked them out into the ocean. Local surfers were able to rescue all the other members of the group, but the donor’s grandfather drowned: the survivors explained that the donor’s grandfather had insisted the others be rescued first, and by the time the surfers came for him, he had slipped under the waves.

The donor’s service with the Marines included a year of training as a meteorologist, which he described as being more boring than he expected. At the time of our interview, he had returned to college to get a BA in History, with a focus on 19th Century US History. He is considering the possibility of teaching US History, which he clearly finds a rich and fascinating subject. However, he is also considering working as a stuntman, which would satisfy his desire for adventure. He strikes me as having the discipline and attitude to succeed in whatever field he chooses to apply himself to.

Donor 3145 has all-American good looks with lovely green eyes and dimples. He is extremely fit and muscular and is clearly quite health-conscious: he doesn’t smoke, drink alcohol, or drink caffeinated beverages.

Interviewer: Cathy Winks

Date: December 8, 2004

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DONOR PROFILE: 3145

The past and current medical history, physical examination and laboratory tests determine that donor **3145** is acceptable for semen donation at The Sperm Bank of California. This profile was prepared in May 2005.

PERSONAL INFORMATION

Identity releasesm: **yes**
Month/year of birth: **5/75**
Education: **pursuing BA in US History**
Current occupation: **full-time student**

PHYSICAL CHARACTERISTICS

Height: **5'11"**
Weight: **191 pounds**
Hair color: **light brown**
Hair type: **thick, wavy**
Eye color: **green**
Complexion: **fair/rosy**
Body type: **medium**
Ethnic origin: **Swedish, German, Scottish**
Religion: **born Southern Baptist, considers himself Deist**
Blood group/Rh: **A Positive**

FAMILY MEDICAL HISTORY KEY:

D donor	Ch child	F father	M mother	S sister	B brother
Co cousin	A aunt	U uncle	MGF maternal grandfather		
MGM maternal grandmother		PGF paternal grandfather		PGM paternal grandmother	

FAMILY MEDICAL HISTORY

Blood: **M: mild anemia, donor didn't have details**
Cancer: **PGM: emphysema, lung and throat cancer cause of death at age 76 (she was a lifelong smoker); PGM: breast cancer diagnosed in her late 70s (when she was in the hospital dying of lung cancer); MGF: skin cancer due to sun exposure, successfully removed**
Gastro-intestinal: **M: gall stones in her 40s; MGF: gall stones**
Genital/Reproductive: **M: hysterectomy at age 52; S#1: endometriosis, diagnosed but never treated**
Heart: **F: high cholesterol, treats with dietary modification; M: high blood pressure and obesity, poor diet, little exercise; MU: high blood pressure and stroke, in good physical shape, but a high stress individual, had stroke at age 40**
Metabolic/Endocrine: **M: sub-acute thyroiditis (one-time thyroid inflammation caused by sinus infection), resolved with medication**
Neurological: **M: migraines, not chronic; PGM: stroke at age 74, made full recovery; MU: stroke at age 40 due to high stress; MCo: mental retardation, Down's syndrome, deprived of oxygen at birth**
Respiratory: **F: mild hayfever**
Skin: **MCo: eczema**
Substance abuse: **MCo: drug addiction, in recovery for cocaine addiction**

DONOR LAB RESULTS [

Chlamydia: Negative	Gonorrhea: Negative	Syphilis: Nonreactive
CMV total antibody: Positive	HIV 1 & 2 antibody: Negative	
Hepatitis B: Negative	Hepatitis C: Negative	HTLV 1 & 2: Negative
Urinalysis: Normal	Chem panel: Normal	CBC: Normal

Cystic Fibrosis: **Negative** Tay Sachs: **N/A** Sickle cell anemia/thalassemia: **Negative**
Other: **CMV urine culture negative, donor is presumed non-infectious**

DONOR NARRATIVE: Donor 3145

Describe your personality (introvert, extrovert, funny, serious, goal-oriented, curious, etc.).

I am an adventurous person who is goal-driven. I love to succeed. I have a slapstick sense of humor and a curious nature. People say that I am a leader by nature, I would agree. I prefer to lead than to follow.

What are your special interests and talents?

I have many interests. I love sports of all types. Strategies on winning are of interest to me. I love to read Biographies on past leaders such as Presidents and Sports Champions. I am a talented actor, singer and athlete. I love to travel and try different cultural cuisine, even BUGS!

How would you describe your enjoyment of and skills in the following areas:

math: **I understand the concepts of math and how the reality we live in can be quantified, however I would rather be outside testing the theories.**

mechanical: **I love understanding how machines work. Also how to construct. As a kid I used to take apart cameras, clocks, and toys and then put them back together again. It was fun.**

athletic: **By far my most favorite area. I was born with an athlete's body and mind. I think and act competitively. I love to rank myself against other. When there is no one to compete against, I challenge myself. Contact sports are my preference, but I am good at them all.**

musical, artistic, creative: **As a person who love to challenge himself I am good at music. I can play the trombone, harmonica, and piano. I have performed in large chorus and theatrical productions. Activity is a passion of mine. It lets me search inside myself to find emotions and depth of a true feeling.**

language (what languages do you speak?): **I can speak some Spanish, French and Italian also a few words of Russian and Romanian, and a lot of English.**

What are your goals and ambitions in life?

I want to either be a Stuntman or a History Teacher and Coach football. My ambitions are to contribute to all of Humanity an example of generosity, Hard work, Honesty, integrity, and wisdom.

Why do you want to be a sperm donor?

To help families have children.

Did you choose to be an identity-releasesm donor? yes ___ no. Why did you make this choice?

I think it only fair to allow the person who was created to know (if he/she chooses) their Biological contributor.

What message would you like us to pass on to the people who are getting your sperm?

Life is a gift! Make your child a winner! Love them! Respect them!

Donor # 3145

Family Member	Health Problem	Treatment/Resolution
sister #1	endometriosis	diagnosed with endometriosis, but never treated, resolved with a pregnancy
mother	high blood pressure obesity	poor diet, little exercise
mother	anemia	mild, donor didn't have details
mother	gall stones	in her 40s, they passed
mother	migraines	not chronic
mother	hysterectomy	at age 52, donor does not know reason
mother	sub-acute thyroiditis	one-time inflammation of the thyroid caused by a sinus infection, resolved with medication
father	hayfever	
father	high cholesterol	treats with dietary modification
paternal grandmother	emphysema lung and throat cancer	cause of death at age 76 (lifelong smoker)
paternal grandmother	breast cancer	diagnosed in her 70s (when she was in the hospital dying of lung cancer)
paternal grandmother	stroke	at age 74, made full recovery
maternal grandfather	skin cancer	due to sun exposure, successfully removed
maternal grandfather	gall stones	resolved when they passed
maternal uncle	high blood pressure stroke	in good physical shape, but a high-stress individual, stroke at age 40
maternal cousin #1	drug addiction	in recovery for cocaine addiction
maternal cousin #2	mental retardation, Down's syndrome	deprived of oxygen at birth
maternal cousin	eczema	