

The Sperm Bank of California

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DONOR PROFILE: 3186

The past and current medical history, physical examination and laboratory tests determine that donor **3186** is acceptable for semen donation at The Sperm Bank of California. This profile was prepared in May 2005.

PERSONAL INFORMATION

Identity releasesm: **no**
Month/year of birth: **2/86**
Education: **currently attending college**
Current occupation: **full-time student**

PHYSICAL CHARACTERISTICS

Height: **6'2"**
Weight: **173 pounds**
Hair color: **medium brown**
Hair type: **thick, coarse**
Eye color: **dark brown**
Complexion: **olive**
Body type: **medium**
Ethnic origin: **Greek (50%), English, Scottish, Dutch, Russian Jewish**
Religion: **none**
Blood group/Rh: **A Positive**

FAMILY MEDICAL HISTORY KEY:

D donor **Ch** child **F** father **M** mother **S** sister **B** brother
Co cousin **A** aunt **U** uncle **MGF** maternal grandfather
MGM maternal grandmother **PGF** paternal grandfather **PGM** paternal grandmother

FAMILY MEDICAL HISTORY

Allergies: **D: lactose intolerant until 2 years of age**
Cancer: **MGM: breast cancer onset early 70s, treated with chemo and radiation, cancer free at age 76; MGF: prostate cancer onset in late 70s, treated with radiation, cancer free at age 80; PU: pancreatic cancer onset age 54 and cause of death that same year**
Genital/Reproductive: **M: hysterectomy in her early 40s due to uterine fibroids**
Heart: **F: high blood pressure, began in late 40s due to diet, stress, lack of exercise, overweight; PGM: high blood pressure, donor unsure of age of onset, possibly stress-related, treats with medication**
Muscles/Bones/Joints: **PGM: Osteoporosis, age related, still active in her early 90s, no broken bones**
Neurological: **PGF: stroke cause of death at age 76**
Sight/Sound/Smell: **D: nearsighted (20/200 vision in both eyes)**
Skin: **D: teenage acne; S: teenage acne, psoriasis of arms and legs intermittent as a young child, dormant for the past couple of years; M: teenage acne; F: teenage acne, eczema, or possibly psoriasis, on hands and elbows, not diagnosed and doesn't treat; PCo: teenage acne**
Substance abuse: **PU: alcoholism, drank heavily from early 20s to late 30s, has stopped**

DONOR LAB RESULTS

Chlamydia: Negative	Gonorrhea: Negative	Syphilis: Nonreactive
CMV total antibody: Negative	HIV 1 & 2 antibody: Negative	
Hepatitis B: Negative	Hepatitis C: Negative	HTLV 1 & 2: Negative
Urinalysis: Normal	Chem panel: Normal	CBC: Normal
Cystic Fibrosis: Negative	Tay Sachs: Negative	Sickle cell anemia/thalassemia: Negative

DONOR NARRATIVE: Donor 3186

Describe your personality (introvert, extrovert, funny, serious, goal-oriented, curious, etc.).

At times I love to be alone and do what I desire, fully independent of outside influences. I am a deep thinker and very philosophical. However, when I'm around people I like, I'm very sociable. I enjoy asking questions about others' lives more than I like telling of my own. It is my way of gathering information from others and using it to form new ideas and to better my own life. I change my mind about things often, yet when I know what I want, I'm determined to get it. This spawns from an undoubtedly obsessive personality, yet also one of complete focus. After my goal has been accomplished, however, I love to just unwind and be lazy.

What are your special interests and talents?

I enjoy many types of athletics (listed below) and a variety of games. To relax, I sit in my signature office chair and either listen to a wide array of music or watch a favorite movie over and over again.

How would you describe your enjoyment of and skills in the following areas:

math: **Math has always come very naturally to me. Once I understand a concept, I apply it to problems with both ease and enjoyment. I've taken advanced math courses since middle school.**

mechanical: **Barring a few instances with my bike and my computer, I've never been the most adept at dealing with mechanical objects. Taking things apart and reassembling them has never interested me.**

athletic: **I grew up playing all kinds of sports. I'm very capable in many different activities such as basketball, volleyball, tennis, snowboarding, and mountain biking. Just recently I've started rowing. I've always had the urge to exercise the body as much as the mind. Likewise, I love intense competition, most of all, winning.**

musical, artistic, creative: **I do not possess many artistic traits. I've never enjoyed playing instruments, and I haven't "created" much worth noting. Still, reality bores me, and therefore my appreciation for the artistic is strong.**

language (what languages do you speak?): **I took six years of Spanish in school and am able to speak and write fairly well.**

What are your goals and ambitions in life?

My goal in life is two-fold: 1) I want to wake up every day feeling content with my course in life and 2) I want to gain respect and be seen positively in the eyes of others. Although at the moment I do not specifically know what I want to do in life, I have confidence that whatever I end up doing, I will succeed and achieve what I desire.

Why do you want to be a sperm donor?

My number one reason for donating sperm resides in its financial yield. Secondly, I feel a unique sense of satisfaction knowing that I am helping those who may need what I can offer.

Did you choose to be an identity-releasesm donor? ___yes no. Why did you make this choice?

I am happy to give my sperm to others in need, but to become personally involved with recipients in any way is an issue I feel neither the desire nor the obligation to confront.

What message would you like us to pass on to the people who are getting your sperm?

My journey in life has thus far taught me, if anything, one important lesson: some things we can control, and some things we can't. In giving my seed to you, I have done all that I can do. The rest is up to you. This is your life, your choice, your journey. Make it your own reality.